

# Stanley Hupfeld Academy November 2022 Breakfast



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Pancakes w/Syrup Or Cereal Toast Applesauce/Juice Milk	1* Breakfast Burrito Or Cereal Toast Fruit/Juice/Milk	2 Biscuits & Gravy Or Cereal Toast Peaches/Juice Milk	3 Scrambled Eggs & Toast Or Cereal Toast Apple/Juice Milk	4 Cinnamon Roll Or Cereal Toast Fruit/Juice Milk
7 Oatmeal Toast Or Cereal Toast Applesauce/Juice/Milk	8 Breakfast Burrito Or Cereal Toast Fruit/Juice Milk	9 Biscuit & Gravy Or Cereal Toast Peaches/Juice Milk	10 Cinnamon Toast & Yogurt Or Cereal Toast Apple/Juice Milk	11 Donut Or Cereal Toast Fruit/Juice Milk
14 Waffles w/ Syrup Or Cereal Toast Applesauce/Juice Milk	15 Scrambled Eggs & Toast Or Cereal Toast Fruit/Juice Milk	16 Biscuit & Gravy Or Cereal Toast Peaches/Juice Milk	17 Pancake on a Stick Or Cereal Toast Apple/Juice Milk	18 Cinnamon Roll Or Cereal Toast Fruit/Juice Milk
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Pancakes w/ Syrup Or Cereal Toast Applesauce/Juice/Milk	29 Scrambled Eggs & Toast Or Cereal Toast Fruit/Juice Milk	30 Biscuit & Gravy Or Cereal Toast Peaches/Juice Milk	1 Breakfast Burrito Or Cereal Toast Apple/Juice/Milk	2 Cinnamon Roll Or Cereal Toast Fruit/Juice Milk

# Stanley Hupfeld Academy

## November 2022 Lunch



**KEYSTONE**  
FOOD SERVICE

M O N D A Y	T U E S D A Y	W E D N E S D A Y	T H U R S D A Y	F R I D A Y
31 Biscuits & Gravy Sausage Patty Scrambled Eggs Tater Tots Baby Carrots & Fruit Milk	1 Hot Dog Baked Beans Cucumber Slices Fruit Milk	2 Nacho Bar Chicken (Chips, Queso, Salsa) Mexican Salad Fruit Milk	3* Steak Fingers Dinner Roll Green Beans Fruit Milk	4 Personal Pizza Baby Carrots Cucumber Slices Fruit Milk
7 Corn Dog French Fries Romaine Salad Fruit Milk	8* Grilled Cheese Sandwich Chips Romaine Salad Baby Carrots Fruit Milk	9 Cheeseburger Baby Carrots Cucumber Slices Fruit Milk	10 Pulled Pork Mashed Potato & Brown Gravy Green Beans Dinner Roll Fruit Milk	11 Beef Taco Refried Beans Tortilla Chips Salsa Fruit Milk
14 Pig In a Blanket Mac & Cheese Garden Salad Baby Carrots Fruit Milk	15 Chicken Taco Chili Beans Tortilla Chips Salsa Fruit Milk	16 Roasted Turkey Mashed Potatoes & Brown Gravy Green Beans/Dinner Roll Fruit Milk	17 Breaded Chicken Sandwich French Fries Cucumber Slices Fruit Milk	18 Pizza Bar Baby Carrots Corn Fruit Milk
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28* Spaghetti Breadstick Green Beans Romaine Salad Fruit Milk	29 Nacho Bar Chicken (Chips, Salsa, Queso) Chili Beans Fruit Milk	30 Breaded Chicken Mashed Potato & Gravy Baby Carrots Dinner Roll Fruit Milk	1* Pizza Bagel Garden Salad Cucumber Slices Fruit Milk	2 BBQ Chicken Loaded Baked Potato Dinner Roll Baby Carrots Fruit Milk