

# October 2021 Breakfast Stanley



**KEYSTONE  
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Apple Turnover** Or Cereal, Toast Fruit Juice Milk
4 Muffin ✓ Yogurt ✓ Or Cereal ✓ Toast Fruit Juice Milk	5 ✓ Biscuit and Sausage Gravy Or Cereal ✓ Toast Fruit Juice Milk	6 Pancakes ✓ Or Cereal ✓ Toast Fruit Juice Milk Syrup	7 Toast ✓ Scrambled Eggs ✓ Or Cereal ✓ Toast Fruit Juice Milk	8 Cinnamon Roll Or Cereal ✓ Fruit Juice Milk
11 No School	12 No School	13 No School	14 No School	15 No School
18 Muffin Cheese Stick Or Cereal Toast Fruit Juice Milk	19 Biscuit and Sausage Gravy Or Cereal Toast Fruit Juice Milk	20 Waffle Sausage Patty Or Cereal Toast Fruit/Juice Milk Syrup	21 Yogurt Parfait w/Fruit Or Cereal Toast Fruit Juice Milk	22 Cinnamon Roll Or Cereal Fruit Juice Milk
25 French Toast Sticks Or Cereal Toast Fruit Juice Milk Syrup	26 Oatmeal with Toppings Or Cereal Toast Fruit Juice Milk	27 Sausage Biscuit Or Cereal Toast Fruit Juice Milk	28 Cinnamon Toast Scrambled Eggs Or Cereal Toast Fruit Juice Milk	29 Glazed Rich's Pancake Bites Or Cereal Fruit Juice Milk

# October 2021 Lunch Stanley



**KEYSTONE  
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheeseburger Ruffles Baby Carrots with Ranch Fruit Milk
4 Steak Fingers Mashed Potatoes and Gravy Dinner Roll Fruit Milk	5 Pizza Pasta Green Beans Garlic Breadstick Fruit Milk	6 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk	7 Pork Loin Roasted Carrots Dinner Roll Cookie Fruit Milk	8 Breaded Chicken Sandwich Garden Salad Ruffles Fruit Milk
11 No School	12 No School	13 No School	14 No School	15 No School
18 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit Milk	19 Pig In a Blanket Mac and Cheese Baby Carrots Fruit Milk	20 Cheeseburger Baked Beans Ruffles Fruit Milk	21 Chicken and Noodles Green Beans Dinner Roll Fruit Milk	22 Personal Pizza Caesar Salad Fruit Milk
25 Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit Milk	26 Chicken Soft Taco Mexican Salad Chips and Salsa Fruit Milk	27 Grilled Cheese Sandwich Tomato Soup Baby Carrots with Ranch Fruit Milk	28 Homemade Chili Chili Beans Dinner Roll Fruit Milk	29 Hot Italian Flatbread Coleslaw S'More Pudding Fruit Milk