KEYSTONE FOOD SERVICE Breakfast September 2023

				111, 371
Mon, 9 /4	Tue, 9 /5	Wed, 9 /6	Thu, 9 /7	Fri, 9 /8
No School	Oatmeal Toast Fruit Juice Milk	Biscuit & Sausage Gravy Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Donut Fruit Juice Milk
Mon, 9 /11	Tue, 9 /12	Wed, 9 /13	Thu, 9 /14	Fri, 9 /15
French Toast Sticks Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Biscuit & Sausage Gravy Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Pancakes & Toppings Fruit Juice Milk
Mon, 9 /18	Tue, 9 /19	Wed, 9 /20	Thu, 9 /21	Fri, 9 /22
Muffin Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Biscuit & Sausage Gravy Fruit Juice Milk	Breakfast Calzone Fruit Juice Milk	Donut Fruit Juice Milk
Mon, 9 /25	Tue, 9 /26	Wed, 9 /27	Thu, 9 /28	Fri, 9 /29
Pancake on a Stick Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Ham & Cheese Biscuit Fruit Juice Milk	Kolache Fruit Juice Milk	Cinnamon Roll Fruit Juice Milk

Fri. 9 /1

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



KEYSTONE Stanley Hupfeld Lunch September 2023

				Chips & Salsa Fruit Milk
Mon, 9 /4	Tue, 9 /5	Wed, 9 /6	Thu, 9 /7	Fri, 9 /8
No School	Pizza Pasta Green Beans Caesar Salad Breadstick Fruit Milk	BBQ Chicken Loaded Baked Potato Baby Carrots Dinner Roll Fruit Milk	Pulled Pork Sandwich Baked Beans Tater Tots Fruit Milk	Beef Taco Refried beans Chips & Salsa Fruit Milk
Mon, 9 /11	Tue, 9 /12	Wed, 9 /13	Thu, 9 /14	Fri, 9 /15
Chicken Nuggets French Fries Coleslaw Dinner Roll Fruit Milk	Pizza Italian Salad Baby Carrots Fruit Milk	Glazed Ham Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	Cheeseburger Baked Beans Baby Carrots Fruit Milk	Chicken Taquitos Refried beans Chips & Salsa Fruit Milk
Mon, 9 /18	Tue, 9 /19	Wed, 9 /20	Thu, 9 /21	Fri, 9 /22
BBQ Pulled Pork Green Beans Baby Carrots Macaroni & Cheese Breadstick Fruit Milk	Spaghetti & Meat Sauce Green Beans Cucumber Slices Breadstick Fruit Milk	Pancake and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Baby Carrots Fruit Milk	Chili Cheese Tots Side Salad Dinner Roll Fruit Milk	Burrito Bowl (Chicken, Queso, Rice) Chili Beans Chips & Salsa Fruit Milk
Mon, 9 /25	Tue, 9 /26	Wed, 9 /27	Thu, 9 /28	Fri, 9 /29
Ham & Cheese Sandwich Tomato Soup Cucumber Slices Fruit Milk	Pizza Caesar Salad Baby Carrots Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	Beef Hot Dog Tater Tots Side Salad Fruit Milk	Sour Cream Chicken Enchilada Refried beans Chips & Salsa Fruit Milk

Fri, 9 /1

Chicken Quesadilla **Refried beans**

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